

THE FLYER

Vol. 34, Issue 5

Salisbury University's Student Voice

October 10, 2006

Sea Gull Century returns to Salisbury

By Sean Gossard
News Editor

This rainy Saturday marked Salisbury University's 18th annual Sea Gull Century.

Nearly 3,000 participants braved the rain for the 100-mile bike ride around Wicomico, Worcester and Somerset counties.

Originally 6,000 riders registered for the event but with cold rain coming down all day only about half were estimated to have shown up. For the last two years rain has been an issue with the Sea Gull Century.

Around Assateague Island the problem was not the rain as much as the wind reported Amy Waters, the event coordinator.

Many of the bikers who choose to stay through the rain decided to do the shorter 100-kilometer route, approximately 64 miles.

While some riders bike for fun many were in the Sea Gull Century for a charity this weekend.

This year the Team in Training group, a sports training group designed to raise money for the Leukemia & Lymphoma Society, raised nearly \$800,000 for cancer research.

Up until three years ago the Team in Training group was primarily for Maryland riders but now has nearly 250 riders from ten different states including Iowa, Minnesota, Texas, Nebraska and California.

Sea Gull Century also has a long standing with supporting Habitat for Humanity. When bikers sign up to ride they have the option for contributing to Habitat. Last year donations reached \$6,742.

Riders can also make donations to the Salisbury University Scholarship Fund or support the League of American Bicyclists.

Sea Gull Century began in 1989 when 68 riders from the University bike club rode around the area as a friendly challenge. Now 16 years later nearly 6,000 riders from all around the country make their way to Salisbury for the 100 mile ride.



Photos Courtesy of Todd Dudek/
The Daily Times

Approximately 3,000 riders from across the country braved the cold, rainy Saturday for the 100 mile ride of the Sea Gull Century. The ride circulates through Wicomico, Worcester and Somerset counties.



Choptank assault cuts deep into student body

By Shanley Crutchfield
Editor in Chief
Correspondent: Chris Gilbert

A second-floor resident of Choptank Hall was stabbed in his own cluster on Sept. 22. The victim was stabbed in the arm and taken to Peninsula Regional Medical Center, where he was quickly treated and released later that day.

An emergency call was placed to the University Police around 2:30 a.m. Officers apprehended SU student Hassan Kamara, the only known suspect at this time. Kamara was charged with assault in the first and second degrees, as

well as reckless endangerment.

"We all hope to look at this as an isolated incident," said Edwin Cowell, Dean of Students.

Further action has not been confirmed, regarding university or legal actions.



Photo by Brian McMullen/The Flyer

14th annual Night of the Living Zoo starts Friday

By Sean Gossard
News Editor

The Salisbury Zoo will hold its annual "Night of the Living Zoo" on Friday, October 13, and Saturday, October 14, from 6:00-9:00 p.m. at the Zoo.

Now in its 14th year, the event draws about 5,000 participants from around the community. Last year donations reached around \$30,000 with the proceeds benefiting the zoo and its conservation projects.

This year, several communications students, along with Professor Chrys Egan, are joining the Salisbury Zoo to help in a con-

servation project.

In collaboration with Maryland Department of Natural Resources (DNR), this project will help to reintroduce the Northern Pine Snake to the Delmarva Peninsula in 2007. This is made possible by a federally funded state wildlife grant, secured by the DNR.

"Night of the Living Zoo" is a fun way to educate and entertain children from around the community.

Tickets are \$3 for kids and \$6 for adults if bought in advance, or \$5 for kids and \$8 for adults at the door.

2006 Homecoming events hit home

By Sarah Lake
Staff Writer

SU's 2006 Homecoming Week events kick off Monday, October 9th and will run into the wee hours of Sunday, October 15.

Colleen Maier, the SGA's Vice President of University Affairs and the head of the Homecoming committee, has lined up numerous events for students that are designed to boost school spirit and overall student morale.

Voting for Homecoming king and queen will be available on the SU SGA website starting at midnight on Monday. The nominees for queen are Sara Lowery, Wendy Finley, Sara Pagano, and Meghan Elder. The nominees for king are David Del Grosso, Erik Fooksman, John Ridenour, and Byron Westbrook. To cast a vote, visit the SGA website at <http://www.salisbury.edu/campusgov/sga/> and log

in with your SU network information.

Paint Wars will be held in the quad on Monday at 3:30 p.m. There will be two games: freshmen versus sophomores and juniors versus seniors. Participants should wear a white t-shirt and should expect that t-shirt to be covered in paint by the end of the event. The teams will be divided by a line that they are not permitted to step over. Each team will be provided with balloons filled with either gold or maroon paint. The class that is covered with the most paint by the time the balloons are gone loses the match.

SU's first ever Wing Eating Contest will be held in the Pergola on Tuesday at 6:30 p.m. There will be six contestants: two e-mail entries, two athletic team members, and two crowd members. The crowd members will be chosen randomly by SGA members who will

show preference to those students displaying outstanding school spirit. Participants will have two minutes to eat thirty wings. The student who eats the most wings will receive an over-sized George Foreman grill as a grand prize. All contestants will receive complimentary prizes for participating. Audience members will get free wings provided by the Salisbury Applebee's.

Gull Factor, SU's personalized version of the popular TV show Fear Factor, will be held in Maggs Gym on Wednesday at 5:00 p.m. Maier, being careful not to divulge too much information about the stunts, said, "I will say that it involves bugs, strength, and all kinds of craziness."

The grand prize for this event will be numerous gift certificates including \$25 at Applebee's and \$50 at Target. All participants will receive prizes and audience members will be free to participate in any one of

the numerous stunts.

The SU Pep Rally will be held in Maggs Gym on Thursday at 8:00 p.m. Athletic teams, cheerleaders, and the Untouchables Dance Squad will be performing to boost school spirit. Following these performances, there will be a dance-off and a talent show. Participation is open to the audience and there will be numerous prizes; including a gift card for free Panera Bread for one year. Maier said, "Talents can be anything ranging from being able to wrap yourself in a pretzel to burping the alphabet. The crowd will choose who has the most talent."

The first 250 students to arrive for the Pep Rally will receive free t-shirts and everyone who attends will receive a raffle ticket for a chance to win various prizes.

SU's Battle of the Bands will be held in Red Square on Friday at 3:30 p.m. Participants are all-student bands looking for exposure.

Each band will play two songs and the audience will determine the winner. First prize for this event is a guaranteed spot in the upcoming Spring Concert and free airtime on WXSU. There will also be giveaways for all students attending the concert.

Currently standing at a record of 2-3, the SU Varsity football team will be playing SUNY Morrisville on Saturday at 1:00 p.m. Homecoming King and Queen will be announced at half-time.

For those students who do not attend the game, the SU Block Party will be held in the Intramural Fields from 12:00 pm - 4:00 pm. There will be twenty student clubs hosting numerous activities including henna tattooing, water balloon shooting, and a dunking booth.

The SGA will distribute Spirit Points to student organization members who attend any of the aforementioned events. The stu-

dent organizations with the most Spirit Points at the end of the week will receive cash prizes. First place will receive \$300, second place will receive \$200, and third place will receive \$100.

Homecoming week will wrap up on Saturday night with a dance hosted by the Union of African American Students (UAS). The dance will run from 9:00 p.m. until 1:00 am in the Wicomico Room of the GUC. DJ Ice Luv, of Annapolis, will provide the music. Tickets will be for sale at the Information Desk on Friday and Saturday. Students who purchase their tickets on Friday will pay \$3 and students who purchase their tickets on Saturday will pay \$5.

The SGA strongly encourages students to take part in the Homecoming Week events. Maier said, "Everyone should come out and show their support of the school. It should be a lot of fun!"



Story Brief

FH suffers heartbreaking loss

Catholic University's field hockey team stormed the field with delight as the final seconds ticked off their 1-0 victory over Salisbury University last Wednesday. The loss was No. 4 ranked Salisbury's (9-3 CAC 2-1) third in a row, and was their first home loss in 72-straight home games dating back to November 2000.

The loss was also Salisbury's first home Capital Athletic Conference defeat since October 1, 1994 when they lost to Mary Washington 1-0, a streak of 52 straight games. Salisbury had won 37 straight conference games dating back more than five years.

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News briefs

33RD ANNUAL OKTOBERFEST

Sponsored by the German Club the festival offers a variety of cultural activities including food, games and music. The festival will take place in front of Henson Science Hall from 11 a.m. until 3 p.m. Also included will be a beer garden, a car show and a performance by the Philadelphia German Brass Band.

SAVE A LIFE TOUR COMES TO SALISBURY

As part of Alcohol Awareness Week, SOAP is sponsoring a drunken driving simulator on campus. The simulator will be in the Wicomico Room from 11 a.m. until 5 p.m. on Thursday. While in the simulator you feel how difficult it is to drive while under the influence of alcohol.

MSA ANNOUNCES THINKING MAN MOVIE SERIES

The Salisbury Muslim Student Association will start its Thinking Man Movie Series October 17 at 5 p.m. The event will feature the movie "Islam: Empire of Faith" in Fulton Room 111.

HONORS CONVOCATION

The Honors Convocation Committee is requesting nominations for the Achievement Key Award, Campus Life Award and Who's Who Among Students in American Universities and Colleges Award. Nominations are due in the Vice President of Student Affairs' office no later than October 20, 2006. Faculty, staff and student organizations may nominate students to receive awards and a student may propose his/her own name for consideration. In addition, students must contact one faculty or staff member who will agree to write a letter of recommendation. Please be sure to nominate early so that the student can be contacted and return a completed application prior to the deadline of November 21, 2006. Nomination forms were sent to all faculty, staff and students via email. They are also available in the VP of Student Affairs' office, Guerrieri University Center, Rm 212.

MAGGS WEEKLY HAPPENINGS

Tuesday Wednesday Thursday

4:00-5:00 Yoga Step Step

7:00-8:00 Hip-Hop Step Hip-Hop

-NO NEED TO SIGN UP
-STEP AND HIP-HOP WILL BE HELD IN MAGGS UPSTAIRS MULTI-PURPOSE GYM
-YOGA WILL BE HELD IN THE MAGGS DOWNSTAIRS DANCE STUDIO

Looking For Servers

WELCOME TO LIGHTHOUSE II

Diner & Restaurant
FASTA - SEAFOOD - STEAK

24 Hour Carry Out To Go Breakfast:
Monday-Friday 5am - 11am
\$1.99 (except Holidays)
1502 S. Salisbury Blvd.
Salisbury, Md 21801

Welcome SU Students
Gullicard Accepted

33 ANNUAL Oktoberfest

Wednesday - October 11
11-3PM ON THE HENSON LAWN

Activities: Food, Games, Music, Car Show, Prizes

Get paid to Shop!

Mystery Shoppers Needed

Earn \$20 to \$45/hour

Our company needs mystery shoppers in the Salisbury and Ocean City area for customer service evaluations on restaurant/bar locations. We will pay you to evaluate our clients business as the average consumer.

Who Would Make a Good Shopper?
Mystery shopping is not a match for everyone. You must be discreet, have an eye for detail, a great memory, patience, the ability to keep confidential information secure, outstanding written and oral communication skills, excellent time management, the ability to be self-motivated, the ability to meet deadlines, and the ability to follow directions with ease. Finally, you must love to shop!

Data Scouts LLC is an independent contractor. **You do not give us any membership fees or dues.** We simply reimburse your purchases and pay you for your feedback.

If you are interested in becoming a mystery shopper or know someone that may like to shop and get paid to do it, go to our employment page on our website. www.datascouts.net

Have fun and we look forward to working with you!

Crime beat

09/30/06 10:00 PM
Assault Off Campus
A student reported being assaulted while riding a bicycle along Smith St. The investigation is being conducted by Salisbury Police.

10/01/06 3:36-4:35 AM
Intoxicated Subject
University Police responded to the Caruthers Parking Lot for an intoxicated student who had "passed out". Salisbury EMS transported the student to PRMC for treatment.

10/03/06 1:38 PM
Theft
A student reported that a textbook had been stolen from the Commons Building near the UDS cashier station. The book had been left unattended.

10/03/06 2:24 PM
Theft
A student reported that a bicycle was stolen from Henson Hall. The bicycle was secured to the bike rack with a chain style lock.

10/03/06 3:45-6:56 PM
Theft
A student reported that a MP3 player and watch were stolen from a secured locker in the Maggs Gym men's locker room.

10/06/06 12:15 AM
Alcohol Violation
Three underage students were found to be in possession of alcoholic beverages in Severn Hall. The students were each issued a civil citation.

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The Flyer: Vol. 34 Issue 5

EDITORIAL

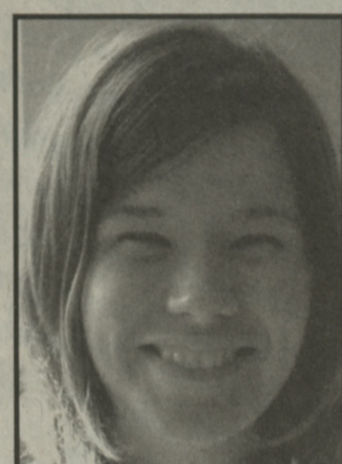
October 10, 2006

Overheard: Who has better donuts: Dunkin' Donuts or Krispy Kreme?

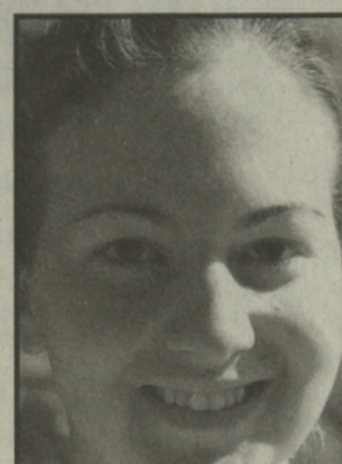
Photos and article by: Brian McMullen



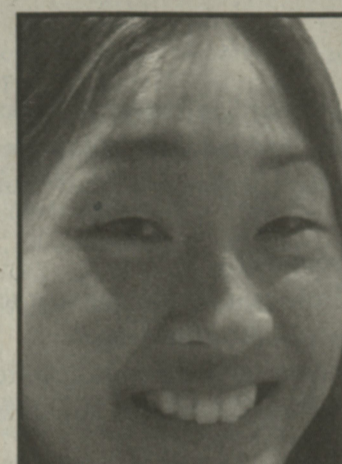
"I prefer Krispy Kreme's."
- Colleen Maier, junior



"Dunkin Donuts are so much better."
- Elizabeth Wright, freshman



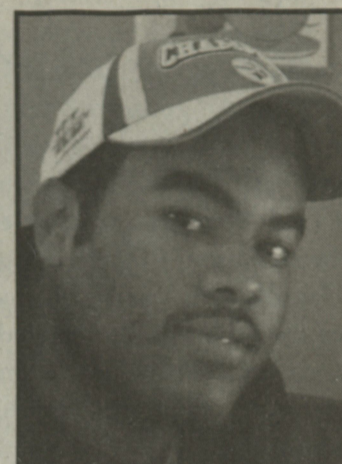
"I'd go with Krispy Kreme."
- Jessica Daniels, freshman



"Dunkin Donut's is the way to go."
- Katie McGrath, senior



"I'd rather have Dunkin Donuts."
- Lucy Biayemi, sophomore



"I'll go with Krispy Kreme anyway."
- Ronald Seldon, junior

The Flyer

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Contribute your ideas to The Flyer. We are your voice!

Editorial Policy: Letters are welcomed and encouraged. Please include your name, class and major. Faculty members, please include your department. All letters may be edited based on available space. The Flyer reserves the right to refrain from publishing any text. Deadline for submission is Friday at noon.

Please e-mail letters to flyer@salisbury.edu, subject line: Letter to the Editor.

Letter From the Editor

All about sports

By Justin Ritter
Editorial Editor

Pittsburgh. Never was there a city so lovely, and yet so obsessed with the sport known as American football. The pride of the city's team is easy to see, but scratch under the surface of the city of Pittsburgh and there might be a problem. Scratch under the signs that cover the abandoned warehouses and businesses and you might find a problem that affects all Americans.

Sports have somehow or somehow affected every one of us here in America. No matter what the age or sex of a person, people seem to become mesmerized and fascinated over games where some are winners and the rest are losers. Some people like the standard softball dad or the soccer mom might argue that sports are everything here in America. They can argue with good reason that sports create interpersonal relationships, time management, and team building skills that can later be molded into even greater skills on the job-market. Employers won't lie either, they love resumes that say the applicant played a sport for the world reasons as I have just mentioned. Maybe sports do become the pinnacle of the American tradition, and in turn defines what we are.

Business chairmen, like Bill Gates, have confirmed my fears in recent years. He and other powerful Americans have publicly stated that they will not hire anyone in the U.S. anymore. Why? Some believe it's because people around the world have become smarter than us, and in some regards this is true. I remember in one of my history classes we learned about the comparative intel-

ligence of countries around the world. To my surprise, in almost every academic field the U.S. ranked near the least intelligent. When looking at how the honors students of the world compared, I can remember we even finished dead last in a couple of academic fields.

I am not trying to argue that sports is ruining our society, but I am arguing that our over-evaluation on the importance of sports has in effect become one of the incoherent problems that has blurred our self image with the world. I make this argument with distinction because I fear for what could become of this country. I see millions of jobs being lost due to globalization and outsourcing. I also see millions of jobs being created in the US from foreign controlled retail markets.

I fear the day when outsourcing will leave us all unemployed. I wonder then, where will the retail jobs go if no one can afford to buy the foreign goods? In time, wouldn't these jobs be outsourced as well? And while this problem is happening under our very own watch, most would rather grab a beer and watch a football game than confront and compete with the real threat that surrounds all of us.

Response to metrosexual male article

Submitted By Patrick Evans

Usually I reserve my complaints about articles in the Flyer for my friends, family and any educated people I can find. I also tend to wait a few days before I vent because I know trying to form a sound argument while you're angry can be an exercise in futility. But in this case, I'll make an exception. I just read "The truth about the metrosexual male" article and I believe (more firmly than ever) that anybody can write for The Flyer.

Let's talk about bad stereotypes and gross generalizations, since that is all this article was. To believe that every "macho male" looks at a "metrosexual" male as if he's funny because he's envious of him, is as ridiculous as to assume every metrosexual male that looks at a redneck funny has the same envy. The fact is you're probably thinking the same thing about each other. "Doesn't he look ridiculous..."

Wearing decent clothes, nice shoes, and smelling good isn't metrosexual; it's hygienic. Wearing name brand clothing doesn't make you any better, or more attractive than somebody who's comfortable enough with themselves to wear sweatpants and comfortable shoes. Is it that serious? It's Salisbury. No

offense to anybody who calls the Eastern Shore home, but this is not the cultural center of the U.S.

Do you think that wearing a pink shirt, spending \$200 on uncomfortable shoes and exfoliating with some frou-frou Swiss Alp body wash will get you laid? You are sadly mistaken. More so, you should probably take some time to re-evaluate your priorities and belief systems. Bottom line— if your personality sucks, you can't communicate well, and you spend more time in front of the mirror than your girl does, no amount of Starbucks café lattes will get you in a woman's good graces.

"Metrosexuality" is not a new thing. Despite that the fad of being "metrosexual" died out three years ago, men have been wearing fancy shoes, flashy designer clothing, and getting their hair and nails done for decades. They were called pimps. Remember them? They were real big back in the 70's and 80's. They rode in big Cadillacs. They didn't make a big deal out of it either. It was just a way of life, not a style that was pushed by magazines.

Now I'm mixed, so I can get away with a lot when it comes to clothing and style. On any given day, I can wear Kenneth Cole dress shoes and a Ralph Lauren button up with an Emanuel Ungaro blazer, look good,

and feel completely comfortable in it because it's what I want to wear. On other days, I'll wear Akademiks jeans with an LRG hoodie, some Timberlands, and a fitted hat and still be just as comfortable. Either outfit, IT DOESN'T MATTER!

Maybe I'm taking this a little too far. This was just a small article that will probably be forgotten in a few weeks. Maybe I should write about more pressing issues like dropping the SAT scores so they can accept more students and receive more money from the state to build on the limited land we have left. Or the lack of parking that everyone talks about. Instead, I'm standing up for every regular "put on sensible clothing, smell nice, and don't be a jerk" guy around the world that is livid when other people think we want to be remotely like them. The REAL fact of the matter is, most metrosexual men have a lot of displaced issues that they try to fix by buying a bunch of crap that doesn't mean much of anything. Just be yourself. Don't spend so much time worrying about what other people are doing or wearing. That's what insecure people do.

PS- No self-respecting man ever watches Dr. Phil.

~SUDOKU~

The Rules of Sudoku

The classic Sudoku game involves a grid of 81 squares. The grid is divided into nine blocks, each containing nine squares.

The rules of the game are simple: each of the nine blocks has to contain all the numbers 1-9 within its squares. Each number can only appear once in a row, column or box.

The difficulty lies in that each vertical nine-square column, or horizontal nine-square line across, within the larger square, must also contain the numbers 1-9, without repetition or omission.

Every puzzle has just one correct solution.

	3		5		6	8		
	6		1					
5	2		4				7	3
						7		
6			7	3	4			9
		7						
3	8				5		9	6
				1		2		
9	6		4			1		

Solution to last week's puzzle:

2	9	3	5	6	7	8	4	1
5	1	8	9	3	4	6	7	2
7	4	6	8	2	1	5	9	3
1	3	2	7	9	8	4	6	5
6	5	9	4	1	3	2	8	7
8	7	4	2	5	6	3	1	9
9	2	1	6	4	5	7	3	8
3	6	7	1	8	2	9	5	4
4	8	5	3	7	9	1	2	6

Out of the Suggestion Box

This column is based on the comments and concerns of students, faculty, and staff via the suggestion boxes placed around SU's campus. The President's Office seeks responses to the issues raised from appropriate campus personnel. Not everything can be fixed, but a reasoned explanation can be offered. Keep those suggestions coming!

From the Suggestion Box in Guerrieri University Center:

"Tall marsh grasses were on fire outside of the Guerrieri building today. In the last 6 weeks there has not been enough rain to put out a fire. To put out the fire, I had to take 2 large buckets of water and stamp out the marsh grass fire. On campus, there is lots of marsh grass. Put out High Fire Alert signs, especially around Maggs!!!" —Susan

Rebecca Rosing-Johnson, Grounds and Horticulture Manager, responded:

Luckily, this was an isolated incident. Even during periods of little rain, we do our best to keep the campus fully irrigated. This helps to minimize plant stress as well as fire danger.

October is Maryland Campus Fire Safety month. We remind everyone to dispose of cigarette butts in the proper receptacles and to be conscious of throwing anything outside that could be hazardous.

From the Suggestion Box in Henson Hall:

"It is always too cold on the 2nd floor of Henson. Both classrooms and offices are too cold. My students always complain, and now I'm complaining too."

Tim Jones, Physical Plant Energy Manager, offered the following response:

The cooling set-points for the majority of Henson Hall are set to maintain 72 to 73 degrees, with controls allowing for a one degree fluctuation above or below the set-point. The operation of this building is monitored on a daily basis through a Building Automation System, and temperatures tend to run within this range. However, we can and do react to temperature concerns shared by the occupants with the Physical Plant Office in an attempt to better customize the temperature of an area for the users of that space when possible.

If an area seems to be too hot or too cold please contact the Facility Repair Desk at 7-3097. Please provide specific room numbers if possible to aid in the troubleshooting of the concern.

Eastern Shore Delight Dinner

Cream of Rockfish Soup • Fried Chicken • Crab Cakes • BBQ Pork • Corn on the Cob • Hush Puppies • Potato Salad • Coleslaw • Seasoned Collard Greens • Garlicky Green Beans • Sweet Potato Biscuits • Strawberry Cake • Peach Cobbler • Sweet Potato Pie

Friday, October 13
5-7:30 p.m. • In The Bistro

WEDNESDAY, OCTOBER 11 5-7 P.M. IN THE BISTRO

OKTOBERFEST DINNER

German Style Lentil Soup • Rhineland Marinated Beef • Wiener Schnitzel with Red Wine Mushroom Sauce • Sauerkraut with Apples & Bratwurst • Vegan Spicy Bean Goulash on Brown Rice • Spaetzle • Potato Pancakes • Red Cabbage • Green Beans • Soft Pretzels • Apple Strudel • German Chocolate Cheesecake

RECIPES From HOME Dinner

Featuring Recipes Submitted By SU Parents

In Celebration Of Family Homecoming Weekend

Saturday, October 14
5:30-7:30 p.m. • In The Bistro

AS A COLLEGE GRAD, YOU MAY BE ELIGIBLE FOR

\$4000

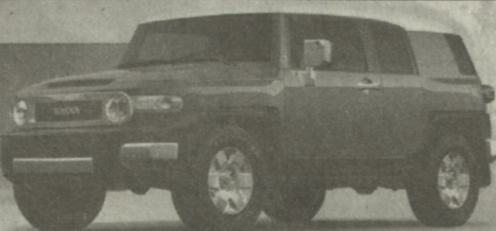
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LIFE & STYLE

The Flyer: Vol. 34 Issue 5

October 10, 2006

Student Spotlight

Nationally ranked shooter starts club at SU

By Lindsey Dickinson
Staff Writer

It's not every day that you meet a nationally ranked shooter. Let alone, one with a pink gun.

Leslie Miller is a junior at SU who is working hard toward her accounting major, with a minor in communications. She is originally from North Carolina High School. She works every Monday, Wednesday and Friday at Marvel and Emche, a law firm in town. On top of all of that she re-established the Gun Club and is the president.

"The club sort of disappeared right before my freshman year. I was looking forward to shooting in college and was talking with University of Texas, El Paso and also with Murray State in Kentucky, but I figured I would stick a little closer and go to Salisbury because they at least had a shooting club; but they lied," Miller says. "I know a lot of people on campus shoot; I mean, look at all the pickup trucks and camouflage."

So I figured someone should just man up and start the club up already!"

Miller started shooting when she was eight because she would go along with her brother and his friends. She hit her first target after about a year of practicing with her brother. After that, things all went up hill for her.

"I got my first Anschutz rifle when I was about 16. And yes, it is pink. From there I started doing some of the USA Shooting matches up at the Naval Academy and stuff," Miller explains. "I finally got my Distinguished Expert which means I can score at least 98 out of 100."

The Gun Club seems to be a big hit on campus as Miller had hoped it would be.

"I am very proud to say that we have 75 members in our first month, 25 of which are girls," Miller says.

One thing that the sport lacks is the interest of women. So, Miller is extremely excited to have so many girls come out and try something

new.

"There's so few girls in the sport, so it's really great to have so many who have never shot before, as well as my girly-girl friends who were forced in, to really learn and enjoy shooting," Miller explains. "They have been doing really well at the all girl trips, so hopefully we will soon be ready for a Gun Club Battle of the Sexes Shootout!"

The Gun Club has two advisors, Jim Miller and Glen Phillips. The club also works closely with Dave's Sports Shop and Delmarva Sporting Clays.

"The club as a whole is such a good group of people too," Miller says. "I really encourage anyone to at least come out with us at least once! You can check us out on 'Facebook' under SU Gun Club and throughout Homecoming week."

On top of being the President of the Gun Club and shooting every Sunday, she is constantly trying to do well in school, and goes to work three times a week. So, Miller has to work hard to stay on top of things.

"My schedule is packed with work on Mondays, Wednesdays, and Fridays and all my classes are Tuesdays and Thursdays, plus shooting with the club every Sunday, plus going out all the time; it gets pretty hectic," Miller laughs. "But I stay extremely organized and force myself to sit down and get things done when I have to."

Staying organized isn't the only thing that keeps Miller on track with her life. She also attributes some of her success to her friends and seems to stay sane with her comical personality.

"I probably have some of the greatest friends ever to help me out, so it hasn't been that bad," Miller says.

When asked what the most difficult part of her academic life was, Miller thought quickly. "Definitely reading my accounting book; it puts me to sleep every time," she smiles.

After graduating from SU, Miller hopes to be an accountant at a construction company somewhere. She also plans on getting a bigger truck.



Photo by Carlena Mattiello/The Flyer

With Miller's big goals and success with shooting, one thing is for sure: you don't want to mess with this nationally ranked shooter.

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DE's first organic cookie company builds business from backyard up

By Carlena Mattiello
Life & Style Editor

Artificial ingredients. Preservatives. Trans fats. High fructose corn syrup. Hydrogenated oils. These ingredients are not typically what people readily admit they want to put into their bodies everyday. Like many health conscious consumers in the United States today, one couple from Milton, DE—Mark and Kelly Leishear—couldn't agree more. However, they were not content to sit and let big business decide what they and their children were going to eat.

As the parents of two young children, the Leishears knew there had to be a solution to the increasingly processed snacks kids today were being fed. So, they did what any conventional husband and wife would do when faced with a problem: they set out to change the way the world thought about food—one cookie at a time.

But where to start? They toyed around with several ideas until they stumbled upon the concept of developing and marketing delicious, all natural, and more healthful cookies. After numerous tests proved the Leishear's cookies outscored those of supermarkets, bakeries and online companies in "look, taste, smell, texture, and overall quality," they knew they had a golden product.

Their daughter Bella became the face and name for the company. "A reminder that little bodies are growing bodies, and growing bodies just shouldn't have certain things," Kelly says. And so, Bella's Cookies, "Delaware's First All Natural and Organic Cookie Company," was born.

Perhaps one of the most unique aspects of this family run-business is the proximity of the company's "heart and soul" to the Leishear household: their commercial-sized kitchen and manufacturing center was constructed in their own backyard—literally.

"It was probably the easiest decision we made," Mark admits. Easy decision, yes; however, the process was a little more involved. A shed and septic system had to be moved, and their well had to be reclassified as a public well, which meant it had to be drilled. A custom water treatment system was installed to purify the water to the highest of quality. Plumbing, gas and electric all had to be set up. Their driveway was also extended 50 feet in order to give delivery trucks easy access to the kitchen.

"A lot of people said this building wouldn't work, but it has been nothing short of great," Mark comments. Kelly agrees. "Insulation and humidity control are key to several aspects of baking," she explains. "How cookies rise is especially important, and even though I am constantly monitoring the quality of every cookie, this facility makes it a lot easier to control than say, the kitchen in our house."

And it is the cookies that remain the company's center of attention. The demand for great-tasting organic snacks has increased over the past several years and continues to grow daily. "I just can't make them fast enough," Kelly laughs. "Our cookies provide an alternative to artificial ingredient-laden, processed foods without losing taste—so, it's possible to do. We just decided to actually offer the choice to the market, and they're doing really well," Kelly says.

Kids. They are another market to consider. "Surprise! Kids won't always eat the foods you give them," Kelly laughs. Another surprise: organic food available on the market lacks taste. However, Kelly has devised multiple recipes to the approval of both her children and the public.

A healthful, good-tasting cookie? That has made all the difference. "It took 75 batches before we found our original 'Champion Chunk' cookie," Kelly says. The chocolate chunk cookie is the most popular of a wide selection that includes their signature lemons including the lemon sugar Sun Dollar, the chocolate-chocolate chunk, Choco-Bomb, and Rumrazin, a collaboration using Brown Honey Rum from the Dogfish Head Craft Brewery, another local business founded in Rehoboth, DE.

Additionally, their children are involved with the process. These cookies come with fun stories of their origins and Bella's character in each story is even printed on the label. Both children help with placing stickers and ribbons on each cookie, too. A cookie with entertainment value? Kids love it.

They also carry a line of breakfast cookies, which are vegan and packed with daily health essentials. They can even be considered as a meal replacement. "You might describe their taste as a cross between a cookie, pie and a muffin," Mark says. Prices vary from seller to seller, with their personal website selling a two-cookie pack for \$3.50. However, with each cooking having the diameter of about a regulation-



Photo By Carlena Mattiello/The Flyer

sized softball, there is plenty to share.

"We are always experimenting with several new cookie recipes and have plans to release pies, cakes and granola bars," Kelly says. Plans much to the approval of friends, family and consumers alike. Of course.

So it is really no surprise local community support has been overwhelming. Word of mouth is traveling fast and is attracting numerous wholesalers in the area who want to offer Bella's Cookies to their customers. "We sell out at the farmer's market every time," Kelly adds.

In response, Mark and Kelly are giving more than just their cookies to the community. They are involved in WIC programs and the DENREC Young Environmentalist Award by contributing their own savings bond. They also donate cookies to organizations and are currently trying to get their cookies in school lunch programs.

"Eventually, we would love to donate a portion of our profits to a charity, but we haven't decided on one just yet," Kelly smiles.

It looks as though Bella's Cookies is off to a great start. They have already been publicized in several local papers, vegetarian magazines and recently interviewed with Southern Living magazine.

"Realistically, we started out as a high class bake sale, so it's great to see this positive feedback from the public," Mark laughs. The initial effort they made to get the company name out there only helped to build the reputation of a quality product. It is less than six months later, and they are already seeing hard work pay off.

Thanks to the Internet, we were able to quickly start selling our products nationally," Mark says.

"From Seattle to Los Angeles, Boston, Florida and Maine: we've pretty much hit the four corners of the U.S."

SU has even gotten into the action. Currently, Cool Beans offers a variety of them from their collection.

So, the cookies are selling—and quickly.

"Our kitchen is almost at maximum capacity," Kelly explains. "Right now, I am doing about one thousand cookies in dough work a day." But how big is too big? Kelly wonders. "You always have to ask yourself, 'How big do you want to go?' Too big, and you run the risk of losing those fundamentals that made you product so great." Even on a small scale, Kelly says it is impossible to take a batch recipe and multiply it by 100. "The cookies just don't turn out the same," she remarks.

This is just another issue to be addressed on a pile of "trial and error." At the rate the business is growing, they know they will eventually have to move from their cozy backyard kitchen to a bigger facility, but plans to leave aren't in the works quite yet.

The Leishears are seeing their hard work pay off and they are extremely happy. "It's one thing to have a grand idea. But to actually bring it to the market—to see your idea go from a concept to a product and knowing you made it happen is a great feeling and an even greater accomplishment," Mark says.

They admit that hasn't been easy, but nothing worth the struggle ever is. And just for the record, when the face and name behind the company was asked what her favorite cookie was, Bella was quick to answer. "Choco-Bomb," she grinned. "Well, for the moment anyway," her mom laughs. "It'll be something different tomorrow."

SU FH suffers heartbreaker to Catholic

By Shawn Nisson
Sports Editor

Catholic University's field hockey team stormed the field with delight as the final seconds ticked off their 1-0 victory over Salisbury University last Wednesday. The loss was No. 4 ranked Salisbury's (9-3 CAC 2-1) third in a row, and was their first home loss in 72 straight home games dating back to November 2000.

The loss was also Salisbury's first home Capital Athletic Conference defeat since October 1, 1994, when they lost to Mary Washington 1-0, a streak of 52 straight games. Salisbury had won 37 straight conference games dating back more than five years.

Catholic's (6-4, CAC 1-1) Jayme Dinsmore scored the game winner in the 52nd minute off an assist from Michele Repass. Dinsmore leads the Cardinals with nine goals for the season, scoring this decisive tally after Salisbury's freshmen goalie Erin Keenan was caught out of position away from her goal cage. Keenan was pressed into duty after Gulls goalie Maria Ramoundos (9 wins) was ill.

The Gulls had numerous scoring opportunities, earning nine corners and outshooting Catholic 8-3, but the Gulls attempts fell fruitless as they were unable to get the ball into the back of the net. Coach Dawn Chamberlin said, "We have no sense

of urgency. We are in a serious rut right now."

Catholic's freshmen goalie Marian Cassilly came up huge for the Cardinals, recording five saves, but more importantly she kept the Gulls off the scoreboard for her first shutout of the season.

"Bad luck comes in threes," said Chamberlin. "We're working really hard and things just aren't falling into place for us. Hopefully that's going to change. We've out-shot, and out cornered our opponents the last three games, but all's it takes is one in this sport, and when it comes down to it we are not finishing."

Salisbury has an unbelievable 82-4 all-time CAC record, including postseason play, since joining the conference in 1994. The loss gives Catholic only their second win over the Gulls, their first since 1991. Salisbury holds a 27-2-1 record against the Cardinals. Salisbury will attempt to end their current back slide on the road against CAC foe Goucher College, on Tuesday afternoon. The Gulls will return home October 14th for a 1 p.m. game to face No. 1 ranked The College of New Jersey.



Junior Danielle Twilley Drives the ball up the sidelines into Catholic territory at Wednesday game.



Captain Megan Powell skillfully moves the ball past Catholic defenders.

Photos by Brian McMullen/The Flyer

SEA GULL SPORTS BEAT

MEN'S SOCCER

The Salisbury University Men's soccer team defeated Goucher College for the 10th straight time last Wednesday, 1-0. Salisbury's sophomore forward Nick Malone scored his team leading 6th goal of the season in the 83rd minute unassisted, putting it past Goucher's keeper, Tom Feuerstein. Salisbury senior goalie Scott McGuire (four saves) recorded his second shutout of the season and fifth overall victory. The Gulls peppered Feuerstein in the second half getting off 17 shots while only allowing 3. The loss evened the Gophers' record at 6-6 and 2-3 in the CAC.

Salisbury took on rival Mary Washington (9-2 CAC 4-0) on Saturday in front of a crowd of 700 screaming Eagle fans. Salisbury jumped on top quickly, scoring in the third minute off a shot from senior Wijay Jones, assisted by Nick Malone. The Eagles responded in the 21st minute, tying the game at one on an unassisted goal from Tommy DiNuzzo. Salisbury's T.J. Nairn put the Gulls back ahead going into the second half, converting on a penalty kick in the 35th minute. The Gulls (7-3-1 CAC 3-3) saw their lead slip away on two Mary Washington penalty kick

goals. The two squads combined for 35 fouls and six yellow cards. The Eagles out-shot the Gulls 8-7, along with earning more corners 6-3. The Gulls return home to face Villa Julie College at 4 p.m. on Wednesday, October 11.

Women's Soccer


The Salisbury University women's soccer team lost its second straight match, falling to Rowan University 2-0 last Wednesday. The Profs (10-0-2) broke the scoreless tie in the 59th minute, scoring on a shot from Krista Verzi that deflected off a Salisbury defender and into the back of the net. Jackie Kane scored twenty minutes later off an assist by Karen Patruno to give Rowan a 2-0 advantage. The Sea Gulls were unable to record a shot on goal in the second half, only mustering two shots for the entire match. Salisbury keeper Samantha Phipps stopped six of the Profs' eight shots.

Salisbury defeated the Eagles of Mary Washington on Saturday, 2-0, holding them to just one shot on goal. Robyn Bishop scored her second goal of the season in the 41st minute to give the Gulls (4-5-1 CAC 2-2) the lead going into halftime. Katie Weaver scored her team-leading eighth goal of the sea-

son with under nine minutes remaining in the match to increase the Gulls lead to two. Weaver's eight goals make her second in the conference. The Gulls will host Marymount University on Tuesday and then will take on St. Mary's University on Saturday, October 14th.

Volleyball

Salisbury University's volleyball team (15-9 CAC 3-1) won a four game match against Capital Athletic Conference opponent Mary Washington on the road. After losing the first game 21-30, the Gulls rallied from 11-17 down in the second game to win 30-28, taking the third and fourth games 30-20 and 30-21. Stacey Krebs led the Gulls' attack recording a double-double with 16 kills and 12 digs, while Abbey Petrecca tallied 40 assists. Mary Washington's (11-7 CAC 0-4) Kelly Hueber had 13 kills and 14 digs in the Eagles' losing effort. The Gulls will match up with Goucher College at 7p.m. on Tuesday in Maggs Gymnasium.



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Red Square 3:30

Saturday: Block Party

Fields 12:00-4:00



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	3:00 p.m. - Women's Soccer vs. Marymount	4:00 p.m. - Men's Soccer vs. Villa Julie			1:00 p.m. - Field Hockey vs. TCNJ	
	7:00 p.m. - Volleyball vs. Goucher				1:00 p.m. - Football vs. SUNY Morrisville	
					1:00 p.m. - Women's Soccer vs. St. Mary's	